4th ANNUAL PUBLIC HEALTH CONFERENCE
2 – 3 December, 2013
Public Health in Pakistan: A Decade of Past Experiences and Future Challenges

2nd December, 2013
Registration (8:00 – 9:00 AM)
Inaugural (9:00 – 9:30 AM)
Recitation
Welcome Address: Dr. Assad Hafeez (Executive Director, Health Services Academy)
Chief Guest: Mr. Imtiaz Inayat Elahi (Secretary, National Health Services Regulations & Coordination)
Moderator: Samina N. Khalid (Assistant Professor, Health Services Academy)

Plenary Session-I (9:30 – 11:00 AM) Technical Resource Facility
Theme: Strategic Applications of Health Strategies

Chairperson Mr. Imtiaz Inayat Elahi (Secretary, National Health Services Regulations & Coordination).
Co-Chair Prof. Dr. Masoom Yasinzai (Vice Chancellor, QAU)
Co-Chair Mr. Farooq Azam (Team Leader, Technical Resource Facility)
Moderator Dr. Mariyam Sarfraz (Instructor, Health Services Academy.)
Rapporteur Dr. Amna Maqbool/Dr. Sheze Haroon (Public Health Students)
Key Note Speaker Begum Shehnaz Wazir Ali (Chairperson, Population Association of Pakistan)

Speakers KPK Health Strategy
Punjab Health Strategy
Sindh Health Strategy

Remarks by Chief Guest: Mr. Imtiaz Inayat Elahi (Secretary, National Health Services Regulations & Coordination)

Tea Break (11:00 – 11:30 AM)
Poster session (11:00 – 11:30 AM)
Sessions (11:30 – 1:30 PM)

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<th>Sessions</th>
<th>I – (Hall A) IPAS-PNC-NCMNH</th>
<th>II – (Hall B) World Health Organization</th>
<th>III – (Hall C)</th>
<th>IV – (Hall D)</th>
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</thead>
<tbody>
<tr>
<td>Themes</td>
<td>Preventing Unsafe Abortions in Pakistan</td>
<td>Nutrition: A call for action towards Improved Nutrition and food security</td>
<td>HMIS Program</td>
<td>Policy /Strategy</td>
</tr>
<tr>
<td>Chair</td>
<td>Dr. Zafar Ikram (ADG Health Services / Provincial Coordinator MNCH, Punjab)</td>
<td>Dr. Nima S. Abid (Country Director, WHO)</td>
<td>Dr. Birjees Mazhar Qazi (Executive Director, NIH)</td>
<td>Mr. Farooq Haroon (Advisor, SRSP KPK)</td>
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<tr>
<td>Co-Chair</td>
<td>Dr. Aza Ahsan (Consultant Obstetrician, Technical Consultant NCMNH-Ipas Pakistan)</td>
<td>Dr. Basseer Achakzai (Director Technical, NHI and WHO)</td>
<td>Dr. S. M. Mursalin (Technical Coordinator, HIS, WHO)</td>
<td>Dr. Fazal-e-Hakim Khattak (Deputy Chief Health, Planning Commission)</td>
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<tr>
<td>Co-chair</td>
<td>Ms. Nighat Durrani (Registrar Pakistan Nursing Council)</td>
<td>Dr. Kizar Ashraf (Program Officer, Nutrition, WFP)</td>
<td>Dr. Muhammad Isa (USAID)</td>
<td>Dr. Arshad Mehmood (Director, Monitoring and Evaluation-JSI)</td>
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<tr>
<td>Moderator</td>
<td>Ms. Rahal Saeed (Communication Specialist, NCMNH)</td>
<td>Dr. Rukhsana Khan (Assistant Professor, Health Services Academy)</td>
<td>Mr. Aijaz Ali (Instructor, Health Services Academy)</td>
<td>Dr. Katrina A. Ronis (Assistant Professor, Health Services Academy)</td>
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<tr>
<td>Rapporteur</td>
<td>Dr. Ahmad Abdullah (PhD Fellow Health Services Academy) / Dr. Zamurd Khan</td>
<td>Dr. Rozina Khalid/Mr. Abdul Momin/ Dr. Waseem Iqbal/ Dr. Kiran Yousaf</td>
<td>Ms. Aimen Saleemi/ Dr. Fatima Ali / /Dr. Qaiser Khan</td>
<td>Dr. Mehreen Mujtaba/ Dr. Imran Ms. Kanza Kaleem</td>
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<tr>
<td>Discussant</td>
<td>Dr. Gul Rashida (Director HR &amp;Trainings, Population Council Pakistan)</td>
<td>Dr. Shakila Zaman, (Professor, LMDC)</td>
<td>Mr. Abdul Wahab (Project Coordinator,HRIS, DoH Punjab)</td>
<td>Dr. Muhammad Najeeb (Director, External Publicity Wing, Ministry of Information Technology)</td>
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<tr>
<td>Key Note Speakers</td>
<td>Professor Ghazala Mehmood (Dean QPGMI/Executive Member SoGP)</td>
<td>Dr. Sania Nishtar (President, Heartfile)</td>
<td>Dr. Eaj Qadeer (Program Manager, NTP)</td>
<td>Dr. Babar T. Shaikh (Program Manager, AKHS)</td>
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<tr>
<td>Speakers</td>
<td>1. Post-abortion complications and care in Pakistan</td>
<td>1. Inter-sectoral action for nutrition - pportunities and challenges for Pakistan (Dr. Shehla Zaidi)</td>
<td>1. Assessment of Civil Registration and Vital Statistics in Pakistan- 2013’</td>
<td>1. Post-Devolution Strategies for Family Planning in Pakistan</td>
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</tbody>
</table>
2. Expanding provider base for safe postabortion care in Pakistan – Experience and lessons learned from Ipas-PNC-DoH project on integration of PAC (misoprostol) into the Mid Level Providers’ curriculum and trainings in Punjab – District Chakwal (Dr. Ghulam Shabbir Awari)
3. Moving forward on Policy - PRHTAC experience (Dr. Zahida Sarwar)
4. Institutionalizing Misoprostol and MVA - Clinical Trainings for safe Postabortion care in Pakistan- NCMMH-Ipas Experience” (Dr. Nasira Malik)
5. Experience sharing on Pre-service Tutors and Mid Level Providers’ trainings on MPAC (Ms. Clara Pasha, Mrs. Nighat Yaseen, Ms. Naheed Akhtar)
6. Advocacy For Post Abortion Care Services In Pakistan (Ms. Rukhsana Faiz)

### Sessions (2:15 – 4:00 PM)

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<tr>
<th>Themes</th>
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<th>VI – (Hall B) MEDVC</th>
<th>VII – (Hall C)</th>
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<tr>
<td>Chair</td>
<td>Dr. Zahid Pervaiz (DG Health, Punjab)</td>
<td>Dr. Zahid Hussain (Executive Director, FGH)</td>
<td>Mr. Arshad Khan (Drug Regulatory Authority of Pakistan)</td>
<td>Maj. Gen. Virg A. Khan (Commandant/Dean, AFPGMI)</td>
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<td>Mr. Tauseef Ahmad (Country Representative, Pathfinder International)</td>
<td>Dr. Zulfiqar Khan (Coordinator HSS, WHO)</td>
<td>Dr. Gul Majeed (Chairman Faculty of Pharmacy, QAU)</td>
<td>Dr. Shaista Habibullah (Director, NIRM)</td>
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<td>Mr. Marc Saba (Country Representative, UNAIDS)</td>
<td>Dr. Quatab-u-Din Kakar (Focal Person-Dengue, WHO)</td>
<td>Dr. Khalid Saeed Bukhari (WHO, Essential Medicine, Country Pharmacist)</td>
<td>Dr. Nalai Azam (Coordinator MPH, AFPGMI)</td>
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<td>Moderator</td>
<td>Dr. Ramesh Kumar (Instructor, Health Services Academy)</td>
<td>Ms. Tallat A. Faridi (Instructor/Researcher) Ms. Fakhrat Nazir (MEDVC Specialists)</td>
<td>Mr. Azhar Hussain (Director, Pharmacy Department, Hamdard University)</td>
<td>Dr. Rozina Khalid (Assistant Professor, Health Services Academy)</td>
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<td>Rapporteur</td>
<td>Ms. Aiman Saleemi/Dr. Saima Paracha</td>
<td>Ms. Asma Sana (MEDVC Specialist)/Mr. Ali Arslan</td>
<td>Mr. Hasheeb Ahsan / Ms. Wajiha Shoab</td>
<td>Mr. Zarmur Khan/Dr. Uzma Mumtaz/ Mr. Uzair Mukhtar</td>
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<td>Discussant</td>
<td>Dr. Tayyab Masud (Sr. Social Sector, Economist)</td>
<td>Dr. Hamayun R. Rathor (Professor MEDVC)</td>
<td>Mr. Ayyaz Kiyani (Consultant, Public Health Pharmacist)</td>
<td>Dr. Siham Sikandar (Consultant, Public Health Specialist)</td>
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<td>Dr. Ali Taueeer (CEO, Lead Pakistan)</td>
<td>Dr. Hamayun R. Rathor (Professor MEDVC)</td>
<td>Dr. Shehla Zaidi (Prof. Community Medicine, AKU)</td>
<td>Prof. Abdul Hafeez (HoD, Anthropology, QAU)</td>
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### Lunch Break (1:30 – 2:15 PM)

### Sessions (2:15 – 4:00 PM)

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<td>5. Dengue knowledge and its management among physicians of Pakistan: A Multi-Centre study (Dr. Ibrar Rafique)</td>
<td>Research Concerns (Dr. Shehla Zaidi)</td>
<td>Socially, Environmentally or Politically neglected agenda (Ms. Sahar Yasmeen)</td>
<td>5. Maternal and Social Risk factors associated with low birth weight in Rawalpindi (Dr. Farah Rashid)</td>
<td>6. Prevalence of Overweight in Teenage Students in a Public High School in Urban Islamabad: Relationship with Socioeconomic Status and Lifestyle (Dr. Shireen Rafique)</td>
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9th December, 2013
Plenary Session II (9:30 – 10:30 AM)
Theme: Public Health – Future Directions

Chairperson Dr. Jehanzaib Aurakzai (Director General Health, National Health Services Regulations & Coordination)
Co-Chair Professor Dr. Muhammad Umar (Principal, Rawalpindi Medical College)
Co-Chair Dr. J. P. Steinman (Principal Advisor Health Sector Support Program, GIZ)
Moderator Dr. Samina N. Khalid (Assistant Professor, Health Services Academy)
Rapporteur Mr. Aijaz Ali (Instructor, Health Services Academy)
Speakers Dr. Inayat H. Thaver (Professor Public Health, Health Services Academy)
Dr. Farid Midhat (Chief of Party, MCHIP, Jhpiego)

Tea / coffee break (10:30 – 11:00 AM)

Sessions (11:00 – 1:00 PM)

<table>
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<th>Themes</th>
<th>IX – (Hall A) Save The Children</th>
<th>X – (Hall B) Infectious Diseases</th>
<th>XI – (Hall C) Primary Health Care</th>
<th>XII– (Hall D) Psychosocial Health &amp; Well Being</th>
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<tbody>
<tr>
<td>Chair</td>
<td>Mr. Ghulam Asghar Abbasi (Chief Health Section, Planning Commission)</td>
<td>Dr. Iqbal A. Lehri (Director General, NEPHRAN)</td>
<td>Dr. Nabeela Ali (Chief of Party, JSI)</td>
<td>Dr. Farah Qadir (HoD, Behavioral Sciences, FJWU)</td>
</tr>
<tr>
<td>Co-Chair</td>
<td>Dr. Naseer A. Baloch (DG Health, Balochistan)</td>
<td>Prof. Dr. Muhammad. Iqbal (Sarhad University of Sciences)</td>
<td>Dr. Matee-ur-Rehman (Quality Manager, Shifa International Hospital)</td>
<td>Mr. Martin Dawson (Program Manager, DFID)</td>
</tr>
<tr>
<td>Co-Chair</td>
<td>Mr. Ghulam Qadri (Deputy Country Director, Save the Children)</td>
<td>Dr. Zahid A. Butt (Associate Prof. Public Health, Shifa Trust Hospital)</td>
<td>Dr. Shailk Tanveer Ahmad (Chief Executive, Health &amp; Nutrition)</td>
<td>Ms. Zehra Kamal (Behavioral Scientist)</td>
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<tr>
<td>Moderator</td>
<td>Dr. Asma Badar (MNCH Specialist, Save the Children)</td>
<td>Dr. Kiran Saqib (Instructor, Al-Shifa Trust Eye Hospital)</td>
<td>Dr. Nelofer Amir (Instructor, Health Services Academy)</td>
<td>Dr. Rukhsana Khan (Assistant Professor, Health Services Academy)</td>
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<tr>
<td>Rapporteur</td>
<td>Dr. Zakir H. Shah/Ms. Maha Malik /Mr. Ali Raza</td>
<td>Mr. Mudassar Mustafaq (Instructor, Health Services Academy)</td>
<td>Dr. Zakir H. Shah /Dr. Sobia Memon /Dr. Abdul Hameed/Dr. Arshad Arain</td>
<td>Dr. Imran Marwat/Dr. Sadaf Sardar/Dr. Nazish Batool/Dr. Sidra Malik</td>
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<tr>
<td>Discussant</td>
<td>Dr. Huma Khawar (Gavi Representative, Save The Children)</td>
<td>Dr. Rana Saleem (Associate Prof. Punjab University)</td>
<td>Mr. Shakeel Ahmed (Chief Operating Officer, PSUs, KPK)</td>
<td>Dr. Ali M. Mir (Director Programs, Population Council)</td>
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<tr>
<td>Key Note Speaker</td>
<td>Dr. Tabish Hazir (Consultant Pediatricians, PIMS)</td>
<td>Dr. Zaheer Abbas (Principal, FMDC)</td>
<td>Dr. Brig. Nasira Khalid (Head of Management Sciences, AFPGMI)</td>
<td>Dr. Ayesha Khan (R&amp;D)</td>
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<td>Dr. Dr. Imran Marwat/Dr. Sadaf Sardar/Dr. Nazish Batool/Dr. Sidra Malik</td>
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</table>
1. EPI status in the country and how EPI guidelines and strategies can bridge the gaps in immunization coverage (Dr. Muhammad Tariq Iqbal)
2. Experience sharing from immunization service delivery in Balochistan (Mr. Sardar Iftikhar)
3. Effect of Antenatal Counseling on Exclusive Breastfeeding (Dr. Ume Sughra)
4. Q/A session and wrap-up
5. Frequency of Co-Existence of Dengue and Malaria in patients presenting with Acute Febrile Illness (Dr. Aliya Hisam)
6. "Investigation of Measles outbreak among children of Hazro, district Attock, January 2013." (Dr. Ambreen Anzar)
7. "Dengue Epidemics: Knowledge perhaps is the only key to success" (Dr. Ambreen Ansar)
8. TB Prevalence Survey Pakistan: TB Burden higher then estimates (Dr. Ejaz Qadeer)
9. TB Patients Learning About Second Hand Smoke (TBLASS) – A randomized controlled trial (Dr. Nauman Safdar)
10. Retrospective analysis of acute hepatitis E infection in hospitalized pregnant cases (Dr. Najma Javed Awan)
11. Infectious diseases: Remains leading cause of neonatal mortality among low birth weight infants in a tertiary health care centre, Karachi, Pakistan (Dr. Ibrar Rafique)

Lunch Break [1:00 – 2:00 PM]
Poster session (2:00 – 2:30 PM)

Sessions (2:30 - 4:00 PM)

Themes

Maternal Health
Communicable and Non-Communicable Diseases
Adolescent Sexual-Reproductive Health
Mainstreaming SRH Information and Rights Beyond 2015
Public Health (Free Papers)

Chair
Prof. Rizwana Ch. (Consultant Gynecologist, HFH)
Dr. Huma Qureshi (Executive Director, PMRC)
Prof. Dr. Mehmood Jamal (Executive Director, PIMS)
Prof. Saima Iqbal Ahmed (HoD Community Health Sciences, Shifa Hospital)

Co-Chair
Dr. Saima Hamid (Assistant Professor, Health Services Academy)
Dr. Riaz Hussain Solangi (Project Director, White Ribbon Alliance)
Prof. Aslam Shah (Principal Rawal Medical College)
Dr. Zafar Hayat Maken (Project Director, FMDC)

Co-Chair
Dr. Najma Laiji (MNCH Advisor, TRF)
Dr. Arif Noor (Country Director, Mercy Corps)
Dr. Tania Goldner (Deputy Country Representative, UNICEF)
Dr. Ghulam Shabir (Country Director, IPAS)

Moderator
Dr. Samina N. Khalid (Assistant Professor, Health)
Dr. Shahzad A. Khan (Assistant Professor, Health)
Dr. Rozina Khalid (Assistant Professor, Health)
Dr. Ahmed Abdullah (Sr. Instructor, Shifa)

5. Learning from evidence: Advice seeking behavior among Primary Health Care physicians in Pakistan (Dr. Asmat Ullah Malik)
6. Capacity Enhancement through Multi-mix Trainings of Health Care providers Brings Positive Behavior Change Among them to Deliver Quality Care Services related to Birth Spacing (Dr. Khalid Parvez)
3. Health care utilization and cost of treatment in Pakistan (Dr. Imran Bari):
4. "Outcome evaluation of component 2 of USAID’s MCH Program Sindh" (Prof. Sohail Agha)
5. Impact of Terrorism on Public Health Programmatic Intervention in Pakistan (Mr. Rehan Khan)
6. Improving quality of health care in public and private sector in Pakistan: Role of public- private partnerships, the Challenges and Way Forward (Dr. Erum Zafar Malik)
7. Ambulatory care management of drug resistance inTB patients (Dr. Ejaz Qadeer)

1. Stress, Anxiety, Depression, and Posttraumatic Stress Disorder (PTSD) Among Individuals Exposed to 2010 Floods in Pakistan’ (Mr. Naeem Aslam)
2. Back into the fire: Relapse of under 20 years drug addicts after their phase of rehabilitation in the year 2012 (Dr. M. Salman Qureshi)
3. Self efficacy and life orientation among burn survivors (Ms. Sumaira Muhammad)
4. Attention Deficit Hyperactivity disorder at Boys High School students Rawalpindi (Dr. Nosheen Zaidi)
5. Psychological Resilience and Social Adjustment among University Students of Pakistan. (Ms. Hiba Noor)
6. Exploring Quality of Life and Mental Health Related Concerns among Adults with Disabilities (Ms. Ayesha Yaqoob)
7. Implications of Weight on Levels of Life Satisfaction and General Wellbeing among Female University Students: A Comparative Study Using Asian BMI scores (Ms. Nayab Chaudhry)
8. Predicting exercise and dietary fat intake behaviors of child-bearing age women in Pakistan (Dr. Farhana Shahid)
9. Impact of Acid Attacks on Interpersonal Relationships of Victims (Ms. Arooj Mujeeb & Anila Kamal)
1. Characteristics of active Community Midwives in five rural districts of Sindh, Pakistan (Dr. Farid Midhet)

2. Overcoming Supply and Demand Barriers to Postpartum Care (PPC) towards Achieving the Millennium Development Goals (MDGs) in Rural Pakistan (Dr. Hammad Habib)

3. Integration of Services leading to Improved Contraceptive Uptake during postpartum period - Experience Sharing from District Mandibahuddin (MBD) (Dr. Fauzia Assad)

4. Screening of Pregnant Cases for HCV and the Barriers Faced By Positive Cases in Their Management at District Jaffarabad (Balochistan) (Dr. Abdul Waheed)

5. Public Private Partnerships For Improving Maternal & Neonatal Health Service Delivery (Dr. Rehana A. Salam)

6. Bringing Sustainable Behavior Change through Improving access to Birth spacing opportunities and services through Community based workers and private health care providers in Rural Remote Areas (Mr. Zulfiqar Sario)

7. "Impact of Increased Skilled Birth Attendance in Pakistan between 2006 and 2012" (Prof. Sohail Agha)